

**A.V.V.M. SRI PUSHPAM COLLEGE (AUTONOMOUS),
POONDI-613 503, THANJAVUR**



1.1.1 Curricula developed and implemented have relevance to the local, national, regional and global developmental needs which is reflected in Programme outcomes (POs), Programme Specific outcomes (PSOs) and Course Outcomes (COs) of the Programmes offered by the Institution

COURSE OUTCOMES

B.Sc. PHYSICAL EDUCATION (2017 – 2018)

| Semester | Category | Paper Code | Title of the Paper | Outcome |
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| I | Part - I | 17U1PET1/H1 | Tamil - I /Hindi - I | <ul style="list-style-type: none"> To know and get the awareness of recent tamil literature |
| | Part - II | 17U1PEE1 | English - I | <ul style="list-style-type: none"> To initiate the Students to understand English through Prose, Poetry and Basic Communicative Grammar. |
| | Core | 17U1PEC1 | Foundation of Physical Education and Sports | <ul style="list-style-type: none"> Values and Physical Culture of Physical Education |
| | Core | 17U1PEC2 | Track and Field - I | <ul style="list-style-type: none"> To understand the history and organizational set-up of athletics federation at various Levels and theoretical knowledge on markings, officiating in track and field events |
| | Allied | 17U1PEA1 | Allied - Science of Yoga | <ul style="list-style-type: none"> Yoga Instructor |
| | Allied | 17U2PEAP1 | Allied Practical - Science of Yoga (NS) | <ul style="list-style-type: none"> To understand the Practical application of yogic practices and its effects on various systems in the body and To understand practical learning and performance about the game Badminton and Cricket |
| | ES | 17U1PEES | Environmental Studies | <ul style="list-style-type: none"> To get better awareness of Environmental Condition |
| | Part - I | 17U2PET2/H2 | Tamil - II / Hindi - II | <ul style="list-style-type: none"> To know and get the knowledge of Literature of the middle ages. |
| | Part - II | 17U2PEE2 | English - II | <ul style="list-style-type: none"> To improve and import the Reading and Communication Skills |
| | Core | 17U2PEC3 | Health Education, Safety Education and First Aid | <ul style="list-style-type: none"> Hygienic and Healthy lifestyle, Handling Emergence Situation |
| | Core | 17U2PECP1 | Practical - Track and Field - I (Badminton, Handball, Kabaddi) | <ul style="list-style-type: none"> To understand the practical knowledge on coaching, officiating and marking for track and field events |

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| II | Allied | 17U2PEA2 | Allied - Anatomy & Physiology | <ul style="list-style-type: none"> • Scientific way of approaches in Human Body |
| | Allied | 17U2PEAP1 | Allied Practical – Yoga | <ul style="list-style-type: none"> • To understand the Practical application of yogic practices and its effects on various systems in the body and To understand practical learning and performance about the game Badminton and Cricket |
| | VBE | 17U2PEVE | Valued Based Education | <ul style="list-style-type: none"> • To enhance the understanding of Human physical and mental health and the ability to maintain it well to the life and beyond. |
| | SBE | 17U2PES1 | Skill Based Elective–I Fitness and Wellness | <ul style="list-style-type: none"> • To understand the fundamental concepts of Health, Wellness, Fitness and Physical Fitness |
| III | Part- I | 17U3PET3/H3 | Tamil – III /Hindi – III | <ul style="list-style-type: none"> • To understand the differences and importance of Epics ,Essays, History of Tamil literature |
| | Part – II | 17U3PEE3 | English – III | <ul style="list-style-type: none"> • Shakespeare Plays and Extensive Readers and Communication Skills |
| | Core | 17U3PEC4 | Exercise Physiology | <ul style="list-style-type: none"> • To understand the concepts of exercise physiology as related to physical activity and sports performance |
| | Core | 17U3PEC5 | Theory of Games (Basketball, Hockey & Tennis) | <ul style="list-style-type: none"> • To understand fundamental and advance skills, techniques, coaching, officiating and marking in Basketball, Handball and Tennis. |
| | Allied | 17U3PEA3 | Allied– Test, Measurement and Evaluation | <ul style="list-style-type: none"> • To understand the concepts of test, administration and evaluation procedures |
| | Allied | 17U4PEAP2 | Allied Practical– Basketball, Hockey & Tennis (NS) | <ul style="list-style-type: none"> • To understand the practical knowledge on coaching, officiating and marking in Basketball, Hockey & Tennis. |
| | GS | 17U3PEGS | Gender Studies | <ul style="list-style-type: none"> • To know the differences Understanding Gender to treat other genders with goodness |
| | Part- I | 17U4PET4/H4 | Tamil – IV / Hindi – IV | <ul style="list-style-type: none"> • To know and get the knowledge of Classical, |

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| IV | | | | Sangam, Moral Literatures of Tamil language. |
| | Part - II | 17U4PEE4 | English - IV | <ul style="list-style-type: none"> To know and get better awareness of Reasoning and Competitive Techniques of English language. |
| | Core | 17U4PEC6 | Track and Field - II | <ul style="list-style-type: none"> To understand the history and organizational set-up of athletics federation at various Levels and theoretical knowledge on markings, officiating in track and field events |
| | Core | 17U4PECP2 | Practical - Track & Field - II | <ul style="list-style-type: none"> To understand the practical knowledge on coaching, officiating and marking for track and field events. |
| | Allied | 17U4PEA4 | Psychology and Sociology of Sports | <ul style="list-style-type: none"> To understand the influences of psychological factors in Physical Education and Sports |
| | Allied | 17U4PEAP2 | Allied Practical- Basketball, Hockey & Tennis (NS) | <ul style="list-style-type: none"> To understand practical learning and performance about the game Basketball, Handball & Tennis. |
| | SBE | 17U4PES2 | Skill Based Elective - II Fitness and Wellness | <ul style="list-style-type: none"> To understand the fundamental concepts of Health, Wellness, Fitness and Physical Fitness |
| V | Core | 17U5PEC7 | Methods in Physical Education | <ul style="list-style-type: none"> Improves the understanding of the importance of maintaining a healthy life style. |
| | Core | 17U5PEC8 | Research Methods and Elementary Statistics | <ul style="list-style-type: none"> Develop understanding on various kinds of research, research designs and sampling. |
| | Core | 17U5PEC9 | Theories of Games - Football, Volleyball & Cricket | <ul style="list-style-type: none"> To understand fundamental and advance skills, techniques, coaching, officiating and marking in Football, Volleyball and Kabaddi |
| | Core | 17U5PECP3 | Practical - (Foot Ball, Volleyball, Cricket) | <ul style="list-style-type: none"> To understand practical learning and performance about the game Basketball, Handball & Tennis. |
| | Major Elective-I & II | 17U5PEEL1A 17U5PEEL1B 17U5PEEL2A | Sports Nutrition / Computer Application in Physical Education Organization and | <ul style="list-style-type: none"> Dietician (or) Technological Advancement To understand the Concepts of Organization |

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| | | 17U5PEEL2B | Administration/ Sports Medicine | <p>principles and administration in sports.</p> <ul style="list-style-type: none"> • (or) • To understand the concepts Sports injuries, their prevention, management and rehabilitation |
| | NME | 17U5PENME | Non Major Elective - Science of Yoga | <ul style="list-style-type: none"> • To understand the selected yogic practices and its impact on selected systems in the body. |
| | SSD | 17U5PESSD | Soft Skill Development | <ul style="list-style-type: none"> • Developing organizational behavior and employment skills to the employment organizations |
| VI | Core | 17U6PEC10 | Science of Sports Training | <ul style="list-style-type: none"> • To Understand the importance of Motor qualities in sports and their development, Training Means and methods |
| | Core | 17U6PEC11 | Kinesiology & Biomechanics | <ul style="list-style-type: none"> • Applications of Mechanical Movements |
| | Core | 17U6PEC12 | Officiating and Coaching | <ul style="list-style-type: none"> • Coach, Referee and Umpire |
| | Core | 17U6PECP4 | Practical - Teaching Practices | <ul style="list-style-type: none"> • Method of Teaching Skills |
| | Major Elective- III & IV | 17U6PEEL3A 17U6PEEL3B | Sports Journalism/ Adapted Physical Education and sports | <ul style="list-style-type: none"> • Acquiring Sports Knowledge • (or) • Handling Disabled Sports Person |
| | | 17U6PEEL4A 17U6PEEL4B | Sports Physiotherapy/ Recreation & Camping | <ul style="list-style-type: none"> • To understand to physiotherapy skills in preventing and rehabilitation in sports injuries. • (or) • Injury Rehabilitations |
| | GK | 17U6PEGK | General Knowledge | <ul style="list-style-type: none"> • To make awareness of GK in Competitive World. |
| CN | 17U6PECN | Comprehensive Test | <ul style="list-style-type: none"> • To better for the preparations of Competitive Exams in advance. | |